



OPNAV N173 | Navy Substance Prevention & Deterrence Branch

MONTH IN REVIEW

August 2026

Highlight of the Month: Rollout of ADMITS V4

NAVADMIN 169/26, released on 15 July 26, announced service wide implementation of Alcohol and Drug Management Information Tracking System (ADMITS) v4 on or about July 31st. As such, the following instructions are provided to all Leaders/ADMITS users.

This is to notify users regarding ADMITS system outage and transition to ADMITS v4.

Bottom Line Up Front (BLUF): The ADMITS system will be offline for 2-3 days beginning on 27 Jul 26 to facilitate a full system transition from ADMITS JR. to the new ADMITS V4. All users with current access to ADMITS will automatically be given access to ADMITS v4 with a 30-day time frame to access v4 before the account is terminated.

Impact & Downtime: During this 48 to 72-hour transition window, all ADMITS services will be completely inaccessible. All users will be unable to log in, submit new records, or retrieve existing data from either ADMITS JR. or the incoming ADMITS V4 platform.

Action Required:

Prior to Outage: All commands and authorized users must ensure that any urgent data entries, reports, or administrative tasks requiring ADMITS access are completed no later than 24 Jul 26. During the outage period, hold all DARs on station. Note: The 14-day (30 Day for reserve units) DAR submission requirement will not count during the outage.

Post Outage: Upon restoration of services, users must access ADMITS via the BOL portal <https://bol.navy.mil/bam>. The ADMITS access button will not change. Users who experience an account termination due to not logging in within 30 days, must submit a new SAAR request for ADMITS access.

See [NAVADMIN 169/26](#) for additional information and instructions.

Point of Contact: For questions regarding this transition or emergency data requirements during the outage period, please contact Mr. Kevin Hines at kevin.b.hines.civ@us.navy.mil or Mr. Mark Narduzzi at mark.d.narduzzi2.civ@us.navy.mil.

Primary Prevention Team: Opioids, Fentanyl, and Overdose Prevention

August highlights National [Fentanyl Prevention and Awareness](#) Day on Aug. 21 and International [Overdose Awareness](#) Day on Aug. 31. These observances honor lives lost, reduce stigma, and promote actions that prevent overdose.

[Fentanyl](#) is a powerful synthetic opioid used medically to treat severe pain. Other prescription opioids include hydrocodone, oxycodone, morphine, and codeine. Illegal opioids include heroin and illicitly manufactured fentanyl; counterfeit pills may contain fentanyl or other illicit drugs. DEA's One Pill Can Kill [campaign](#) offers shareable materials on counterfeit-pill risks. Take only prescribed medications from a licensed pharmacy and dispose of unused medication at an authorized [collection site](#).

For Sailors and Veterans, prescription opioids may be used after training injuries, broken bones, surgery, amputations, or deployment-related pain. Prolonged use can lead to misuse or [opioid use disorder](#). When dependence develops, stopping use may cause withdrawal symptoms, including muscle aches, nausea, and anxiety. VA offers a brief, [anonymous self-assessment](#) for possible substance-use concerns. In FY 2021, an estimated 47,241 of 6,610,305 Veterans using VHA care, or [0.71%, met criteria for an OUD](#) diagnosis.

Harm reduction includes steps that lower substance-use risks, such as [naloxone](#), sterile supplies, and fentanyl test strips. These [tools](#) can prevent overdose, reduce diseases transmitted through shared needles, and keep individuals safer while they pursue recovery. By February 2026, VA had dispensed [more than 2 million naloxone prescriptions and documented over 7,200 successful overdose reversals](#). VA's Alcohol and Drug Education course and substance use disorder [Program Locator](#) connect Veterans with education and local care.

During August's observances, ADCOs and DAPAs can share these VA [resources](#) to strengthen awareness and support Total Sailor: [Fit to Fight](#).

You Tube

Messages to Share:

- New materials and content have been added to the [Prevention Toolkit](#). Visit today!
- [Registration](#) for Red Ribbon Week and other Navy-wide quarterly prevention webinars are open! Register individually or as a group.
- August: [National Immunization Awareness Month](#), highlighting the importance of vaccination across every stage of life.
- August: [Children's Eye Health and Safety Month](#), is a national health observance that emphasizes the importance of protecting your child's ocular health.
- August 21: [National Fentanyl Prevention and Awareness Day](#), your reminder to stay aware of fentanyl and emerging trends.
- MAY 22-SEPT 7: [Critical 101 Days of Summer](#) a Navy and Marine Corps initiative promoting risks associated with off-duty recreation and summertime activities.

SPOTLIGHT: Webinar/Training/ Prevention Power-Up

Webinar: UPC Practices (Post Collection)
Date: AUG 06

Webinar: Failure to Meet Testing Requirements
Date: AUG 13

Webinar: Managing Discrepancies
Date: AUG 20

Webinar: Command Awards, RRW Suggestions
Date: AUG 27

Training: CMTs
Link: [Click Here](#)

Training: ADAMS & UPC Course
Link: [Navy e-Learning](#)

Training: DAPA Courses
Link: [CANTRAC](#)



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Systems Team: A Season of Wellness and New Beginnings

August presents a unique intersection of National Wellness Month and National Back to School Month. For our Sailors and their families, this season of transition is the perfect time to reset routines, prioritize physical and mental health, and set the stage for a successful, healthy school year.

Balancing new schedules can be challenging. By focusing on holistic wellness, we can build resilience and help our youth thrive. Establishing healthy routines starts by gradually reintroducing key routines.

Focus Area	Actionable Steps
Sleep Hygiene	Shift bedtimes earlier a few weeks before school starts
Nutrition	Revamp meal plans with brain-boosting foods; eat breakfast together
Physical Activity	Encourage outdoor play, family walks, or organized fall sports
Stress Relief	Lower anxiety with deep breathing, journaling, or unplugged time

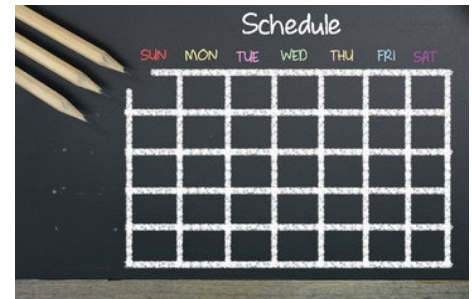
The transition back to school often brings increased peer pressure and exposure to new social circles. Protect your child's wellness by:

- Keep a Judgement-Free-Zone. Talk early and often about drugs and alcohol
- Don't wait for a crisis, teach healthy ways to cope with academic and social stress
- Establish clear family rules and discuss the real-world consequences
- Watch for sudden changes in mood, grades, or friend groups.

By embracing the spirit of National Wellness Month, we can approach Back to School Month with intention. Let's commit to nurturing our bodies, supporting our mental health, and keeping our communities safe from substance misuse.

Click the links for more information on [National Wellness Month](#) and [National Back to School Month](#). Prevention resources can be found in the Prevention Tool Kit ([PTK](#)).

Here is to a healthy, happy, and successful school year ahead!



The above depiction is a photo of a schedule for the month.

Navy Substance Prevention & Deterrence Branch

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The OPNAV N173 Navy Substance Prevention & Deterrence office was established in 1982. The foundation of our office is sustained by our pursuit to support Fleet readiness by combating illegal and illicit substance and alcohol misuse. Our mission is to provide comprehensive education, resources, trainings, and enact policy updates to ensure Sailors receive proper awareness to form career-forwarding decisions. Within our office, whole health matters and this is reflected with our Primary Prevention team, the Alcohol and Drug Management Information and Tracking System (ADMITS), Internet Forensic Toxicology Drug Testing Laboratory Portal (iFTDTL), the Web Drug Testing Program (WebDTP) and other pro-programs that increase prevention efforts.

For more information, contact our office by using the phone and email information on this page or use the QRcode to view our webpage.



LEARN MORE!